

17 September 2021

Dear Parents and Carers

You may be aware of rising concerns in the media on the impact of the Pandemic on young people's Well Being and Mental Health. As part of our school action around Mental Health, we are delivering workshops that link up young people with DigitalHealth services and online counselling. To do this, we will be using an interactive show called On The Level to equip pupils to manage their Mental Health and improve their Well Being. On The Level is an interactive online TV show, presented by young people for young people. Pupils interact with the events via their digital devices. Access is free using widely available apps and platforms. All content and data shared during these sessions is secure and confidential. To give you a sense of how On The Level works, here's a link to the Pilot video: www.youtube.com/watch?v=yPW5jnXev8k.

On The Level is produced by REPRESENT - an award-winning youth development organisation and media platform, helping young people realise their full personal potential through core social, emotional and communication skills. REPRESENT run training and development programmes and champion youth culture through a London-wide radio station, REPRESENT 107.3FM. Since 2017, REPRESENT has delivered Mental Health education and support to schools across Essex and London. On The Level is presented by young people who have trained with REPRESENT.

The easiest method for your child to participate is with a smart mobile phone. Alternatively, if your child does not have a mobile phone we will have some Chromebooks that we can lend or we will ask them to work with another student.

We will be showing On The Level on Wednesday 22nd September. Please can you remind your child to bring their phone into school on this day, however when not taking part in the workshop we do expect them to have their phones turned off and in their bags.

If you have any questions regarding the event please do not hesitate to contact your Head of Year or Assistant Head of Year.

Kind regards

Crystal Wadsworth
Assistant Headteacher

Headteacher: Mr Jonathan Bland BSc (Hons)

☎ 01206 575488

✉ admin@stanway.school

🌐 www.stanway.essex.sch.uk

📍 Winstree Road, Stanway, Colchester, Essex, CO3 0QA



