

The Stanway School

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STANWAY SCHOOL DINING HALL MENU **WEEK COMMENCING 15TH MARCH 2021**



WEEK COMMENCING

15/03/21 **HOT MEALS ARE AVAILABLE IN THE DINING** HALL FOR YEARS 7 & 11. THIS WEEK CHICKEN & **POTATO WEDGES IN TAKEAWAY POTS ARE AVAILABLE IN THE** ATRIUM AND THE OUTLET **FOR YEARS 8.9 & 10**

HOT GRAB & GO FOOD, **INCLUDING PANINIS. BACON ROLLS, SAUSAGE MUFFIN & PIZZA ARE AVAILABLE AT ALL OUTLETS AS WELL AS COLD SANDWICHES. ROLLS, WRAPS & BAGUETTES.**

PLEASE NOTE NO FOOD **WILL BE SERVED AT BREAK**

MONDAY

Homemade Lasagne with Garlic Bread Vegetable Lasagne

TUESDAY

Garlic Chicken with Potato Wedges Stuffed Mushroom Rarebit

WEDNESDAY

Roast Pork with Apple Sauce Roasted Vegetable Tart

THURSDAY

Beef Chilli and Rice Veggie Chilli and Rice

FRIDAY

Hand Battered Fish & Chips Courgette Fritters

(all main meals include fresh potatoes, vegetables or salad)

HOT FOOD PRICE LIST		COLD FOOD PRICE LIST			DRINK PRICES	
: Main meal (inc still water) £2.10	Salad Bar	£1.20/£2.00/£2.50	: :	Shaken Udder Milkshake	£1.25
: Hot Pasta & Sauce	£1.50	: Filled Baguette	£2.00	: :	Shaken Udder Carton	£0.80p
Filled Panini	£1.50/£1.80	Wraps	£2.00		Heartease Bottles	£1.00
: Bacon/Sausage Muffin	£1.00 :	: Sandwich	£1.75/£2.00	::	Flavoured Water	£0.80p
Bacon Bap	£0.80p	Filled Roll	£1.30	: :	Still Water	£0.70p
: Filled Wrap	£2.00	: Cold Pasta Pot	£1.20	:	Radnor Fizz	£0.80p
Hot Dog	£1.50	Fruit Pot	£1.00	: :	Juice Carton	£0.50p
: Beef or Chicken Burger	£1.20	Roll & Butter	£0.30p		Milk	£0.50p
: Chips	£1.00	: Snacks & Popcor	n £1.00	: :		:
Jacket Potato	£1.40	Dessert/Cakes	£0.80P			
: Beans/Extra Toppings	£0.50p :	: Doughnuts	£0.80p	: :		:
Pizza Slice	£0.75p	Chocolate Muffir	n £0.60p	: :	• •	
: Sausage Roll	£1.20	: Jelly/Mousse	£0.60p	:		
:	•	Yoghurt	£0.50p	: :		
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Volume 21 Issue 14

12th March 2021

The Stanway Times

DIARY DATES

- Thursday 25th March Year 10 Parents' Evening & Future Choices Event 4.00pm - 8.00pm
- Monday 29th March -Friday 9th April Easter Holidays
- Monday 12th April First day of term. It will be Week 1 of the timetable

WRITING COMPETITION WINNER!

Molly won a winter writing competition and had her story read by the author Tony Macaulay on Christmas Eve.

She entered the competition during the November lockdown after one of her friends mentioned it to her because they knew that Molly enjoyed writing. Molly entered the competition just for fun but she received an email just before the Christmas holidays telling her that she had been shortlisted. On Friday, 18th January she then received an email telling her that she had won in her age category!

The competition was run by the British Youth Music Theatre and her story is called "The Lonely Snow Globe Snowman". Below is the link to the YouTube video of Tony Macaulay reading Molly's story.

https://www.youtube.com/watch?v=dUkmww mGcI&t=46s

Well done Molly, what a fantastic achievement!

WORRY MONSTERS SUCCESS!

In the run up to Christmas Alyssa, a Year 7 student, made and sold Christmas earrings as she wanted to raise money to buy Worry Monsters for children in hospital over the Christmas period.

She set herself a target of £200 and, thanks to an amazing response, she easily reached her target. Just before Christmas she delivered the Worry Monsters to the hospital where they were gratefully received.

Well done Alyssa, what a very kind and thoughtful act.







STANWAY CHAPLAINCY

I hope this message finds you in good health. This January was not the new start to 2021 anyone expected. Plans were changed and I, like so many other parents, was thrown back into the world of home schooling. It has not been easy but the one thing that gets me through is hope. I'm a big Star Wars fan and this lockdown I have been able to enjoy watching these films with my son. Some films, stories and inspirational quotes can bring comfort and hope in difficult times. Google says hope is "a feeling of expectation and desire for a particular thing to happen". What does hope look like for our world today? Hope in the Covid vaccines or an end to lockdown?

I believe that hope carries us every day through the unknown moments of everyday life. Good news can bring hope. As a family we have been fortunate enough to have good news in that my mother received a long-awaited kidney transplant. In the midst of a pandemic this little miracle happened.

In, hopefully, this final lockdown we are still finding little glimmers of hope to keep us going until we reach the end of this pandemic. Random acts of kindness or checking in on neighbours and friends. Remember to be kind and take care of yourself too.

"Always remember you matter, you're important and you are loved and you bring to this world things no one else can" from the book The Boy, The Mole, The Fox and The Horse by Charlie Mackesy.

Services available to help with mental health and wellbeing:

Inspire - a new mental health wellbeing service for young people aged 16-25 years. Counselling sessions are free over 4 weeks in North and Mid Essex.

Call 07720087487, email wellbeing@inspiressuffolk.org.uk website www.inspiresuffolk.org.uk

Mind - www.mind.org

Samaritans - call free on 116123 or contact jo@samaritans.org

God Bless you and your loved ones.

Emma Jarratt, Stanway School Chaplain emma@cyocolchester.org.uk



PAID INTERNSHIP - FOUR WEEKS STARTING MONDAY 21ST JUNE 2021

Professional Learning Network (PLN), in partnership with schools in Essex, would like to bring to your attention some outstanding paid STEM Internship opportunities which may be of interest to you.

We are offering undergraduates in Maths, Physics or related Degrees an opportunity to join our fifth cohort of paid Internships.

Earning £1200 for a four week internship beginning on Monday 21st June, the internship is an excellent opportunity to:

- Gain experience working in a teaching environment within a school
- To develop knowledge, interpersonal & organisational skills and an understanding which will support an application into initial teacher training leading to a teaching career

The internship includes:

- Observing and supporting teachers during lessons
- Leading 1:1 tuition and small group work with students
- Training and support from a school based mentor
- Carrying out a research project
- Support of extra-curricular trips, visits and enhancements as appropriate

We are able to offer career advice, guaranteed interviews and advice on how to access tax free bursaries, scholarships and early career payments of up to £36k for those who want to become teachers. If you haven't yet considered teaching as a career, the programme offers undergraduates the

Internship Dates and Times:

Induction day on Monday 21st June 2021, followed by four weeks in school up to Friday 16th July. This will include weekly professional study days delivered by Initial Teacher Training providers.

Most interns will work 8.30am - 4.00pm

Pay: £300 a week for four weeks

Knowledge/Experience/Skills required:

- Currently at University studying for a Maths, Physics or related degree eg: Engineering;
 Accountancy and/or Maths or Physics 'A' level (Grade B or above) or equivalent
- A desire to teach and work with students
- The ability to work both independently and as part of a team

opportunity to develop communication, organisation and planning skills that will be beneficial for many careers and enhance your CV.

For more information about our Maths and Physics internships or for an application form, please contact: Verity Boreham email: vboreham@lyonshall.org.uk Tel: 07833472639 or visit our website www.prolearnnet.com

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INTER-HOUSE QUIZ RESULTS

YEAR 7

Shakespeare 1st 6pts Gainsborough =2nd 4pts Rutherford =2nd 4pts 4th Wellington 2pts Nightingale 1pt Highest scorer 18/20 Frances 7S-JRY

YEAR 8

Rutherford 1st 6pts 2nd Wellington 4pts 3rd Gainsborough 3pts Nightingale 4th 2pts 5th Shakespeare 1pt Highest scorer 18/20 Libby 8R-ANI

YEAR 9

Rutherford =1st 6pts Shakespeare 6pts =1st =1stWellington 6pts 4th Gainsborough 2pts 5th Nightingale 1pt Highest scorer 16/20 Sophie 9R-MWR

YEAR 10

Rutherford 6pts 1st Gainsborough 4pts 2nd 3rd Nightingale 3pts 4th Shakespeare 2pts 5th Wellington 1pt Highest scorer 18/20 Keira 10G-CGE

YEAR 11

=1st Nightingale 6pts
=1st Rutherford 6pts
3rd Gainsborough 3pts
Shakespeare & Wellington did not enter so no points were awarded.
Highest scorers 19/20 each
Isla 11N-JBE & Emily 11R-SWA

OVERALL QUIZ RESULTS

1st Rutherford 28pts
2nd Gainsborough 16pts
3rd Shakespeare 15pts
=4th Nightingale 13pts
=4th Wellington 13pts

INTER-HOUSE STEM RESULTS

Year 7 only entered this competition

YEAR 7

1st Nightingale 6pts
2nd Rutherford 4pts
Gainsborough, Shakespeare and Wellington did not enter so no points were awarded

OVERALL STEM RESULTS

1st Nightingale 6pts
2nd Rutherford 4pts
=5th Shakespeare 0pts
=5th Nightingale 0pts
=5th Wellington 0pts

OVERALL HOUSE SCORES AFTER 6 EVENTS

1stRutherford House75pts2ndNightingale House60pts3rdWellington House45pts4thGainsborough House44pts5thShakespeare House43pts