

## The Stanway School

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# STANWAY SCHOOL DINING HALL MENU WEEK COMMENCING 29TH NOVEMBER 2021



#### **MONDAY**

Pasta Bolognese with Garlic Bread Vegetable Bolognese

### **TUESDAY**

Sausage Plait with Mashed Potato Stuffed Mushroom

## **WEDNESDAY**

Roast Chicken and Stuffing Roasted Tomato Crown

INCLUDING PANINIS,

BACON ROLLS & PIZZA

Reef Madras with Rice a

Beef Madras with Rice and Naan Sweet Potato Curry

#### **FRIDAY**

Breaded Scampi and Chips Vegetable Nuggets

PLEASE NOTE NO FOOD WILL BE SERVED AT BREAK

**HOT GRAB & GO FOOD.** 

**ARE AVAILABLE AT ALL** 

**OUTLETS AS WELL AS** 

**COLD SANDWICHES,** 

**ROLLS, WRAPS &** 

**BAGUETTES.** 

(all main meals include fresh potatoes, vegetables or salad)

	HOT FOOD PRICE LIST		COLD FOOD PRICE LIST				DRINK PRICES		:
	: Main meal (inc still water	) £2.10	: :	Salad Bar	£1.20/£2.00/£2.50	: :	Shaken Udder Milkshake	£1.25	:
ı	: Hot Pasta & Sauce	£1.50	::	Filled Baguette	£2.00	: :	Shaken Udder Carton	£0.80p	:
ı	Filled Panini	£1.50/£1.80	$\vdots$	Wraps	£2.20	: :	Heartease Bottles	£1.00	:
ı	: Bacon/Sausage Muffin	£1.00	: :	Sandwich	£1.75/£2.00	: :	Flavoured Water	£0.80p	:
ı	Bacon Bap	£0.80p	: :	Filled Roll	£1.30	: :	Still Water	£0.70p	:
ı	: Filled Wrap	£2.00	: :	Cold Pasta Pot	£1.20	: :	Radnor Fizz	£0.80p	:
ı	Hot Dog	£1.50	: :	Fruit Pot	£1.00	: :	Juice Carton	£0.50p	:
ı	Beef or Chicken Burger	£1.50	$\vdots$	Roll & Butter	£0.50p	$\vdots$	Milk	£0.50p	:
ı	: Chips	£1.00	: :	Snacks & Popcorr	n £1.00	: :			:
ı	Jacket Potato	£1.40	: :	Dessert/Cakes	£0.80P	: :			:
ı	: Beans/Extra Toppings	£0.50p	: :	Doughnuts	£0.80p	: :			:
ı	Pizza Slice	£0.75p	$\vdots$	Chocolate Muffin	£0.60p	: :			:
I	: Sausage Roll	£1.20	: :	Jelly/Mousse	£0.60p	: :			:
ı	:		: :	Yoghurt	£0.50p	: :			:

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# The Stanway Times

## **DIARY DATES**

WEEK 1

- Thursday 25th & Friday 26th November Non Pupil Days
- Friday 10th
   December
   Year 9 Option
   Choices Deadline
- Monday 13th
   December
   Year 10 Head
   Student Team
   Applications Open
- Tuesday 14th
  December
  Christmas Lunch
  (Years 7 & 9)
- Wednesday 15th December
   Flu Vaccinations -All Years
- Thursday 16th
   December
   Christmas Lunch
   (Years 8, 10 & 11)
- Friday 17th
   December
   End of Term
- Monday 10th
   January 2022
   Flu Vaccinations All Years

# FIRST FOOD BANK DONATION FROM REVERSE ADVENT CALENDAR

This week, students from the school made their first donation to Colchester Food Bank from the food and other vital supplies gathered as part of the reverse advent calendar collection.

Ms Hamblen, Head of Citizenship, who has helped to organise the collection along with the 11HW form class said: "Unfortunately, Christmas can be a time of struggle for many families. At the Stanway School, we are determined to try and help out people that need that little extra bit of support and so we have set up a foodbank drive over the next few weeks. We would like to say a big thank you for all your donations so far – the food bank was delighted with our first drop off which weighed 66.9KG!

More donations are planned for the coming weeks and we would greatly appreciate any further support that you could provide. We have placed a box in the front reception if you would like to contribute – items that are still needed include: small bags of rice; longlife milk and juice; shampoo; deodorants; carrier/reusable bags; squash; tinned fruit, potatoes and puddings; jam; peanut butter; tins or packets of custard; tooth brushes and tooth paste; razors; shower gel; small jars of coffee; washing power/liquid and multi pack of snacks.

For full details about Colchester Foodbank and the work that the volunteers do, please go to https://colchester.foodbank.org.uk/.







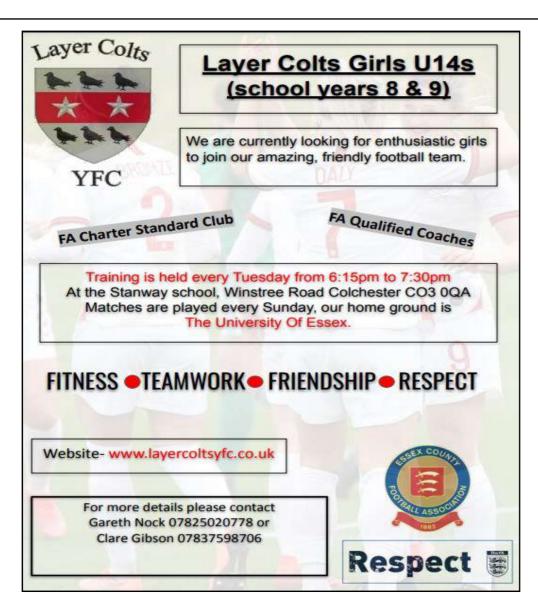
# **FOOTBALL TRIAL SUCCESS**

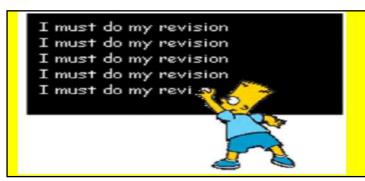
Students from YRS 7/9 & 10 took part in the Sigma football trials along with pupils from 8 other secondary schools. They were put into small sided games based upon their positions and played a round robin tournament in front of talent scouts from Ipswich Town and Colchester United Football Club.

The standard of the football was very high. Students got to play with those from other schools and needed to work together to be an effective team, rather than rivals. It was great to see not only the skills of the students but also the ability to work with others.

During the games the talent scouts monitored the players and discussed how they were playing. They commented to the teachers on the high level of skill that was on show and how it was great for them to see so many talented players all together. All the Stanway students did themselves proud and performed well.

Students that showed that little bit extra and are invited to the next stage of the process, where they will train with the elite or developing squads of Colchester United FC are as follows: Oliver and Finley in Year 7; Adam in Year 9 and Will and Keaton in Year 10.





### YEAR 11 ENGLISH REVISION

Wednesdays after school (3:20 - 4:20)

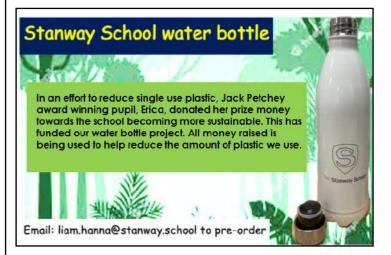
1st December - "An Inspector Calls" - Exam Skills
8th December - Language Paper 2 - Creative Writing (Q5)
15th December - Language Paper 2 - Questions 2 and 4

# CROSS COUNTRY RESULTS UPDATE

In last week's newsletter, we announced the individual successes achieved by our students in the Colchester District Cross Country Championships. We now have the results of the team competitions, which we are delighted to say are as follows:

- Year 7 girls 8th
- Year 7 boys 2nd
- Year 8/9 girls 8th
- Year 8/9 boys-4th
- Year 10/11 girls 4th
- Year 10/11 boys 1st

Well done to all that took part.





# STUDENT SUPPORT DROP INS/MENTAL HEALTH & WELLBEING SUPPORT

These take place at lunchtimes. For students to drop in, eat their lunch, chat and share good times and bad.

- Mondays with Mrs Hiskey and Miss Wesby in B113 for Year 10
- Wednesdays Week 1 & Tuesday Week 2 with Mrs Kelliher in B104 for Year 9
- Wednesdays with Ms Rivett in B101 for Year 11
- Thursdays with Miss Dunn in B108 for Year 8