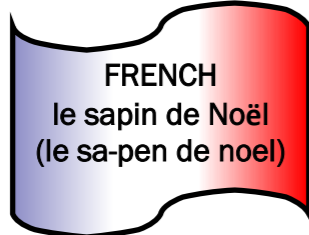


The Stanway School
A Humanities and Maths & Computing College
 Winstree Road, Stanway, Colchester, Essex. C03 0QA
 Telephone: 01206 575488 Fax: 01206 564164
 Email: admin@stanway.school
 Website: www.stanway.essex.sch.uk
HEADTEACHER: JONATHAN BLAND BSc (Hons)

MFL Word of the Week



GCSE GERMAN TRIP TO RUST

On Thursday, 28th November 60 students in KS4 travelled by plane to Stuttgart, Germany. When we arrived we headed straight to the Christmas market and had some free time to explore the various stalls and try out some of the local delicacies. We saw beautifully decorated wooden huts selling lots of different Christmas products and some of us bought Christmas presents for friends and family.

Our hotel was situated in Rust in the Black Forest and was decorated in a very German style. We had dinner together in a room reserved just for our group and then went to watch Die Eiskönigin 2 (Frozen 2) at the Magic Cinema. The seats that juddered and the wind and rain effects brought the film to life even more!

On Friday we went to the local post office and Mrs Davies bought postcards for us to send to our teachers at school. We spent the day exploring Europa Park, a theme park, just ten minutes walk from our hotel. There were lots of shows and exciting rides and we bought food in the Food Loop restaurant - the world's only restaurant where food arrives at your table via a roller coaster track!



Our flight back from Zurich in Switzerland on Saturday was a bit bumpy, however, it did not stop us from feeling that we had had the most amazing three days away and we only wished we could have stayed longer!

Thank you to all the staff who made this trip possible.

The Stanway Times

JACK PETCHEY AWARDS

Amelia, a Year 10 student, was nominated for the award having raised over £1,370 for the Crohn's Disease charity after a family member was diagnosed with the disease. Amelia organised cake sales and other fundraising activities in school to raise money and, more importantly, raise awareness of the charity.

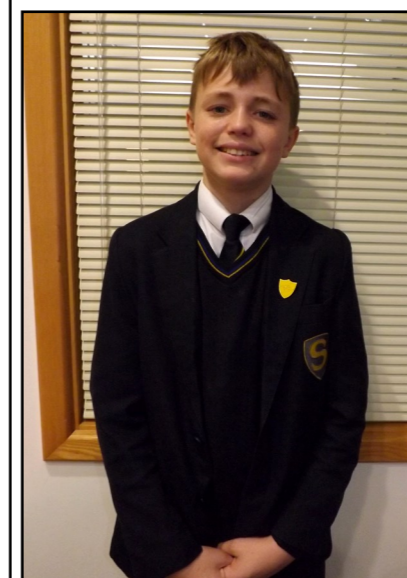
Amelia is also actively involved in acting and performances. She has committed to all the school productions and has played several leading roles. She has helped to develop other students within the school productions by sharing her acting skills and encouraging them to try new things and supporting them in doing so. Recently she auditioned to have a voice-over role in a new Disney Pixar film and was shortlisted to the final five.

Amelia has also recently completed peer mentoring training and now works with younger students in the school community, helping them with any problems they have and to achieve their true potential.



DIARY DATES

- **Friday 6th - Sunday 8th December**
Years 8 & 9 French Christmas Market trip
- **Monday 9th - Friday 13th December**
Year 11 MFL Mock Speaking exams
- **Thursday 12th December**
GCSE Dance trip to Colchester SFC
Gainsborough House Year 7 Christmas Disco 7.00pm
- **Friday 13th December**
Non-uniform day for Gainsborough House charity
Christmas Concert 7.00pm
- **Wednesday 18th December**
Year 9 RE Options visit to Colchester town centre
VEX Competition at St Helena School
- **Friday 20th December**
End of term. School closes at 1.00pm



Maddox, a Year 8 student, joined the school later than the rest of his Year 7 cohort but settled in very quickly and very well. He is a happy, smiley and very polite student with 100% attendance so far. He works hard and is an amazing athlete.

Maddox entered the West Midlands Karate Open Championships 2019 and after winning through the rounds, successfully won the gold medal in the Boys' Kumite 12-13 years 50k+ category. The following week he travelled to Glasgow to take part in the British Karate Federation International Open Championships 2019 against 32 other competitors from other

(continued on Page 2)

JACK PETCHEY AWARDS (continued from front page)

countries aged between 12-13 years 45kg+. Unfortunately Maddox sustained an injury to his right hand during the second round but carried on to win the bronze medal, losing out to silver by just one point. This dedicated young sportsman was determined not to let his team down and competed in the Boys' 12-13 teams' competition. Together they fought through the rounds where they won silver.

Maddox has been practising karate for six years and has graded to the purple-white belt. He has been selected to represent the England Korean Karate Association (EKKA). We think Maddox is an excellent role model to other students, both in and out of school, and is a worthy winner.



Erica, a Year 9 student, wrote a poem called 'Eye Sea' which she entered into a competition run by The Young Writers. They were established in 1991 and hold a writing competition every year across the nation. Erica was the successful candidate chosen from 8,000 entries this year. She was the only Young Writer from this region to have her poem published in the book "Poetry Escape 2019".

Erica showed her skills in using a good imagination, creativity and use of language. Not only did she have her poem published, she also received a certificate and a chance to be chosen as one of the top five favourites from the publication and win a top prize of £100. Those winners will be chosen next term and could win The Stanway School a cash prize also.

Erica has a positive attitude and good strength of character both at school and at home and both her Head of House and Assistant Head of House are extremely proud of her.

SIGMA DEBATE COMPETITION

During the evening of Tuesday, 3rd December seven Year 9 students attended St Helena School to participate in the Sigma Debate competition. The students were very well prepared due to their time spent in our Debate Club over the past few weeks. A few entrants from other schools had pulled out at the last minute and I was very proud that the students from The Stanway School stepped up and joined in, even though they were not actually expecting to participate!

We had students competing in every heat and congratulations go to Marcus and Peter who got through to the grand final. It was a tightly fought contest and all students represented the school brilliantly.

Hopefully next year we will be able to bring the prize home.

Mrs C Beck Hansen-Spurr



FAMILY WELLBEING

'Help us, help you' is the Public Health winter campaign message which encourages everyone to seek help early and consider visiting the community pharmacist before the GP. The NHS 111 helpline is also available 24/7 and can prevent a trip to A&E.

Help your family to stay well this winter. Have those members of your family who are eligible for the flu vaccine had theirs? It's still not too late.

Visit - <https://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/>

Other tips that will help keep your family healthy are:

- ⇒ Good hand hygiene. The Norovirus, common colds and flu spread quickly and one of the best ways to prevent the spread of these is making sure everyone knows the importance of washing their hands and how to wash them properly. Go to the fun link on hand washing by Northamptonshire NHS.
<https://youtu.be/TGddyTW5eMc>
- ⇒ Eat a balanced diet. Try to have your five portions of vegetables or fruit a day. Change 4 Life have some great recipe ideas to help you try new things and pack in some extra fruit and veg. Home-made soup is an excellent winter warmer packed with goodness!
<https://nhs.uk/change4life/recipes>
- ⇒ Dress infants and children warmly for outdoor activities. Several thin layers will keep them dry and warm. Always remember warm boots, gloves or mittens and a hat. The rule of thumb for older babies and young children is to dress them in one more layer of clothing than an adult would wear in the same conditions. If you would like support in finding out where you can access warm bedding and clothing, please visit your local family hub or delivery site.
<https://www.essexfamilywellbeing.co.uk/service/healthy-family-service/family-hubs/>

To find out more information and a wide range of services please visit:
www.essexfamilywellbeing.co.uk

YEAR 8 HPV VACCINATION CONSENT FORM

Your child has recently brought home a permission form for parents/carers to complete in order for your child to have the HPV1 vaccination in January.

Would you please complete and return the form to Student Services no later than **Wednesday, 11th December 2019.**

PAYMENT REMINDERS

TRIP	PAYMENT No.	AMOUNT	DUE DATE
Music Tuition – Autumn term	Payment 4/Final	£25	Now due
Le Touquet 2020	Deposit	£30	Now due
Danbury Camp	Deposit	£50	20 th Dec
Ski 2020	Final	£190	29 th Dec