

1. Getting Prepared



Get going:

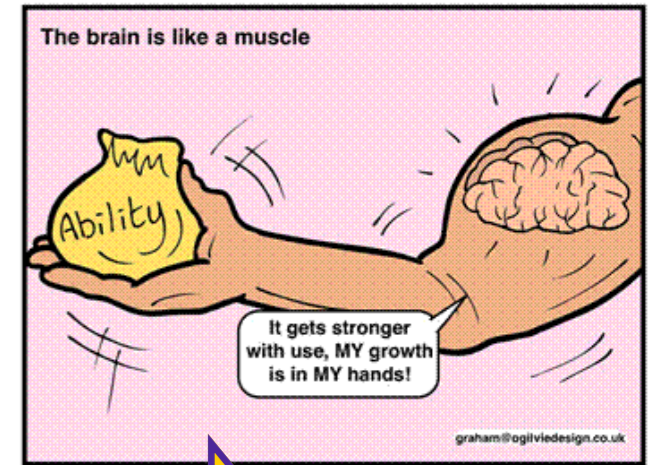
- **Revision Timetable.** Discuss this with you parents and your tutor. Give extra time to subjects you find difficult. If your timetable is too ambitious you will not stick to it.
- **Add in commitments** you already have like sports clubs, family time etc Your life does not need to stop, but it will need to change until the exams are over.
- **Cover a variety of subjects** each day. Revise topics you enjoy followed by boring or difficult ones.
- **Work out what you really need to focus on,** use personalised learning checklists (PLC) or list of what you have learnt and highlight each topic to show if you **fully understand it**, **understand some of it** or **really struggling with it**. Those in red is where you need to start revising.

Make

- **Check** the dates, places and times of your exams.
- **Revision Pyramid.** Make a revision pyramid for each subject. At the top note down what you absolutely must cover. In the middle write down what the second priorities are. Finally write at the bottom what you'd like to cover when you've done the essentials. Can use the (PLC's) to do this.
 - **Sleep and rest** are as important now as ever. Late hours and coffee won't help you. You can't revise when you're tired!
 - **Equipment.** Do you have everything you'll need? Take special care with equipment for practical exams.

Equipment

- Black Pens
- Pencils
- Rubber
- Sharpener
- Calculator
- Ruler



2. More Prepared

Be Active!

You need to read and understand-read out loud, it helps you remember it for longer.

Active revision stops you getting bored.

Highlight key points. Use colour coding.

Use pictures with words and colour. You are more likely to remember it as it uses all areas of the brain.

Team up with a friend to revise and test each other.

Revision Cards- Condense notes into key headings on cards. Use colour and diagrams to engage your visual memory. Pin up these cards in your bedroom or carry them around. Make a poster or a pattern note to cover key areas. Just before the exam pin up revision cards round the house and involve your family! Try explaining something to them or ask them to test you. Find a good revision guide that breaks the topics down. Study past papers.

Try the *Lietner System*—Watch to show you how <https://youtu.be/C20EvKtdJwQ>

Red Ink. Go back to your teachers' comments on your work. It's easy just to look at the grade or mark and ignore the written comment. A grade does not help you improve.

How?

Take regular breaks (about every 40 minutes). Fresh air and drinking water regularly will clear your mind and help you concentrate.

Bite Size Chunks - break difficult topics into small, manageable units, then tackle them one at a time. Log what you've done so you can see you are making progress.

Experiment to find out the best time for you to revise. Don't work right up to bed-time. Work to regular times each day. Leave time for relaxation.

Where?

Find places where you can concentrate. Don't let your friends interrupt you. Music might help you revise by shutting out distractions. Leave your work set out for next time, but be tidy and put away what you are not using to work effectively. **Put your phone somewhere that you cannot hear notifications and get distracted.**

When?

Not at the last minute. Don't kid yourself that you can cram three years' work into a few days' revision. A little revision regularly is best.

Check notes after you make them to see that they make sense. Are abbreviations clear?

Get organised now file notes and back up computer files.

Always look, listen and learn. Watch out for relevant TV, radio programmes and web sites. They can bring topics alive and help you understand difficult areas.

Ask your teachers for help and guidance. They are experts at getting students through exams. They will give up time to help you if you ask. Do this outside of the lesson so they can give you their full attention.

3. 40-10 Guide...this way...

4. Exam Day Including mocks

Set the alarm!! Allow extra time so you're not in a rush. Double check the time and place of the exam and be there in good time.

Eat breakfast, even if it is just a cereal bar, you will need the energy!

Read through your flash cards or notes to get your mind into what you are going to be writing about.

Don't stress, you have been working towards this for 3 years. **Be positive,** focus on what you do know, not what you can't. Do your best!

Double check that you have all the equipment you need. Do you have a bottle of water (remove the label), exams are long so you will need water.

Before you go into the exam room, turn your phone OFF and put it in your bag.

Then double check your phone is not in your pocket



5. In the Exam Including mocks

No time. If you are running out of time, answer in note form.

Before starting re-read the instructions and check which questions to answer.

Divide your time between the questions according to the number of marks. Keep checking the clock. You must do justice to each question in order to do your best. Answer ALL questions.

Read the questions twice, underlining key words to make sure you answer what is set rather than what you wish had been set. You can highlight question papers but NOT answers.

Either: Answer your best questions first, but keep an eye on the clock or Answer the highest marked questions. Follow the advice of your teacher.

Plan. For essays, jot down a brief plan using key words. Planning lets you answer the question that has been set, gives you confidence and helps you to think.

Check. When you finish, check the question and your answers! You may not feel like doing this, but it is vital. Make corrections and additions clearly.

I can't do it yet!

