

OCTOBER 2022

The Stanway Standard

THE OFFICIAL NEWSLETTER OF THE STANWAY SCHOOL

Welcome To Our New Pupils and Staff

We hope that you all had a lovely summer and have enjoyed settling back into school.

We'd like to take this opportunity to officially welcome our new Year 7's who are doing a fantastic job of settling into their new school.

We also have many new faces in our school staff - including our new teachers - Ms Parker (Maths), Mr Gardiner (Science), Mr S Johnson (PE), Ms Jirdis (English/Humanities) and Mr Mackenzie (Music/ Humanities)



In This Issue:
- Remembering
The Queen
- Black History
Month
- School Trips
- GCSE Results
Success
Plus more...



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Remembering The Queen



Everyone at the school was saddened to hear of the passing of Queen Elizabeth II earlier this term, and wanted to give staff and students some time to reflect and remember her life and reign.

Morning registrations gave students the opportunity to learn about some of her achievements, the role she played in our country and see the fun side of the Queen in more recent years, including the 007 and Paddington Bear sketches. We were really impressed by some of the questions our students had, whether it be about her, the monarchy, the new King or how her death would impact our lives.

The school also observed a minutes silence the day after her death in remembrance of the Queen.

Students were also given the opportunity to write a message on our condolence board, many of which are now on display in one of the main corridors in our B Block.



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Year 11 Geography Trip

Earlier this term, Year 11 Geography students completed their human Geography field trip. This is the second field trip that they have undertaken and they will be using the information gathered from this field trip in their Paper 3 Geographical Applications Exam.

They visited the Tollgate Retail Park to look at urban growth in the area. They completed a land use map to survey the land in the area to see what it is used for now. This was followed up by the students comparing their findings to historic maps of the area back in the classroom to see how the area has changed.

The students also completed a questionnaire to find out what the local people thought about the growth of the area and whether they wanted the area to continue growing. This was followed up in the classroom by creating a range of graphs and charts to present this data. These graphs and charts can then be analysed to find out key information about people's perceptions of the Tollgate area.

The students completed a land use map to survey the land in the area to see what it is used for now. This was followed up by the students comparing their findings to historic maps of the area back in the classroom to see how the area has changed.

The final activity was a number of Environmental Quality Surveys. This allowed them to make comparisons between different parts of the site to see the environmental quality in these areas. This is a subjective measure and individual to each student's point of view. This allows us to consider the pros and cons of using different methods of data collection to be able to see which are the most effective in collecting data.



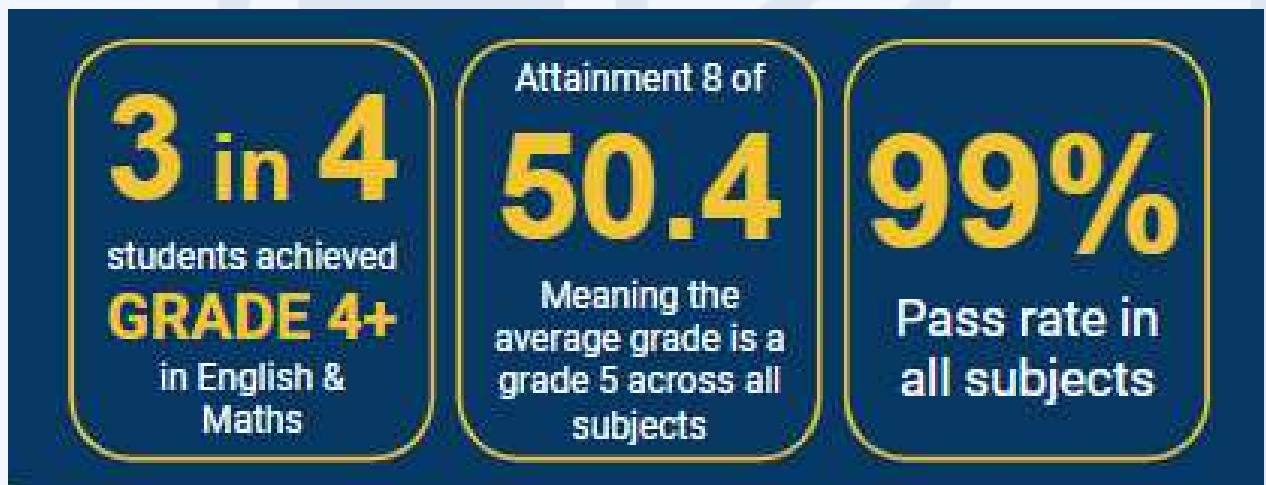
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GCSE Results Success

Last year's Year 11 achieved very strong results, which after several disrupted Covid-19 years, is worth celebrating and congratulating them for.

We have been delighted to hear that many of our ex-students have taken their achieved grades successfully onto their next destination and we wish them every success on their new ventures.

Below are a few of the key highlights from this summer's results:



"We have been delighted to hear that many of our ex-students have taken their achieved grades successfully onto their next destination"



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Isabelle Diving Qualification Success

Congratulations to Year 9 student Isabelle who recently achieved her open water diver qualification, meaning she is now qualified to buddy dive with another person.

To achieve this, she had to study a very large diving handbook amounting to around 10hrs worth of study and then take a theory test. During this time she also had to do several months of pool diving and getting comfortable setting up all the equipment herself, as well as demonstrating that she can swim 250 metres unaided.

During the time in the pool she had to learn how to take off and put back on the scuba equipment. She had to learn buddy breathing, as this simulates running out of air while on a dive, and also had to take off her mask and learn to clear it while at the bottom of the pool. Once this was completed the next step was moving into the sea to complete the course - something that she did in Tenerife.

This involved her with a qualified instructor and she did three dives from the beach and had to perform the same tasks she did in the pool but deeper water.

Each dive got deeper and Isabelle's two final dives were from a boat in approx 12 to 15 meters of water - which is the maximum depth for her age.

Isabelle is hoping to do her advanced open water course next year, where she will learn underwater navigation and go to depths of approx 30 meters.

Well done Isabelle!

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Mr Saiz Completes London Marathon For Charity

Earlier this month, Mr Saiz ran the London Marathon to raise money for St Helena Hospice in memory of his Auntie, raising an incredible £2600. Here, he recalls the day and experience:

"The race itself was honestly one of the best experiences of my life; it was quite the opposite when I ran it previously in 2011. Back then, I listened to Blind Faith by Chase and Status in the starting pen and went off at a rate of knots that was more suited to a 10k race. If you ever run a marathon, promise me you will not do this.

"This time was different, I was calmer and I took in and embraced the many wonderful sights and sounds of the capital. In every direction was a collage of colour and supporters lined the streets in their droves. Just when things were getting tough, the decibel levels would rise and strangers would shout, "Go on Damo – you got this". Seeing family and friends at numerous locations on the route and giving my two boys high fives was quite wonderful. I speak for all of the runners when I say these moments gave us all a boost.

"They say the race does not really start until the 20th mile and my body can certainly concur with this. At this stage, cramp was never too far away, so I had to put the brakes on a little to ensure I got to the finish.

"Running parallel to the Thames, past a host of iconic sights and down the Mall to the finish line was a privilege and a memory I will always treasure.

"At the finish, I felt many emotions, but my underlying feeling was a sense of pride. Sharing this moment with my family and friends was the best.

"The London Marathon is a bit like going to a music festival - only you run and run a bit more. If you ever get the chance to do it, take it with both hands. I guarantee you will not be disappointed.

"Thank-you to all of you who offered encouragement, kind words and amazing generosity."

"Running parallel to the Thames, past a host of iconic sights and down the Mall to the finish line was a privilege and a memory I will always treasure."



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Navigating Success Evenings

Over the last few weeks we have had three of our Navigating Success Evenings. We have welcomed over 1000 parents so far who have attended to learn about the year ahead for their child. It has been fantastic seeing so many parents and carers face to face following the last few years of virtual meetings.

Our Year 11 evening focused on preparing students for the final year in secondary school and we had representatives from a variety of post 16 providers who came along to talk to our students, parents and carers about the different pathways and courses for next year.

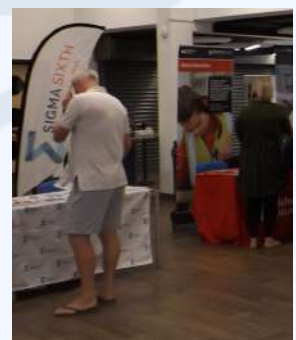
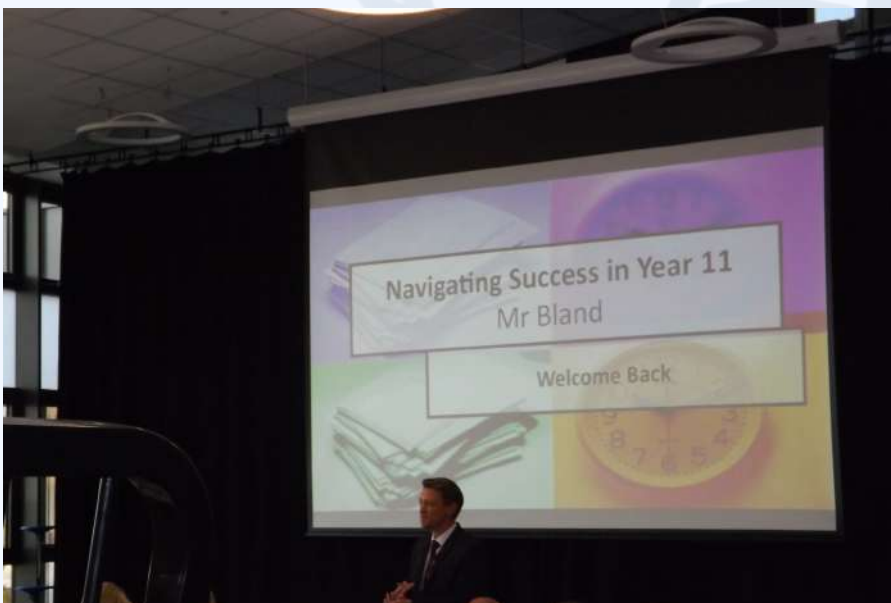
For both Year 10 and 11 we also wanted to highlight our 'How to Revise' programme to ensure our students are fully supported in preparing for their examinations.

At our Year 9 evening, the options process and 'take your child to work day' formed part of their presentation.

We are committed to supporting our students' mental health at Stanway and wanted to promote our wellbeing hubs and pastoral support during the evening so that students know how to make use of the help that is on offer when they need it.

We look forward to the upcoming Year 8 Navigating Success Evening on 20th October 2022. If you would like to attend, please book your place via the email link that is sent to you.

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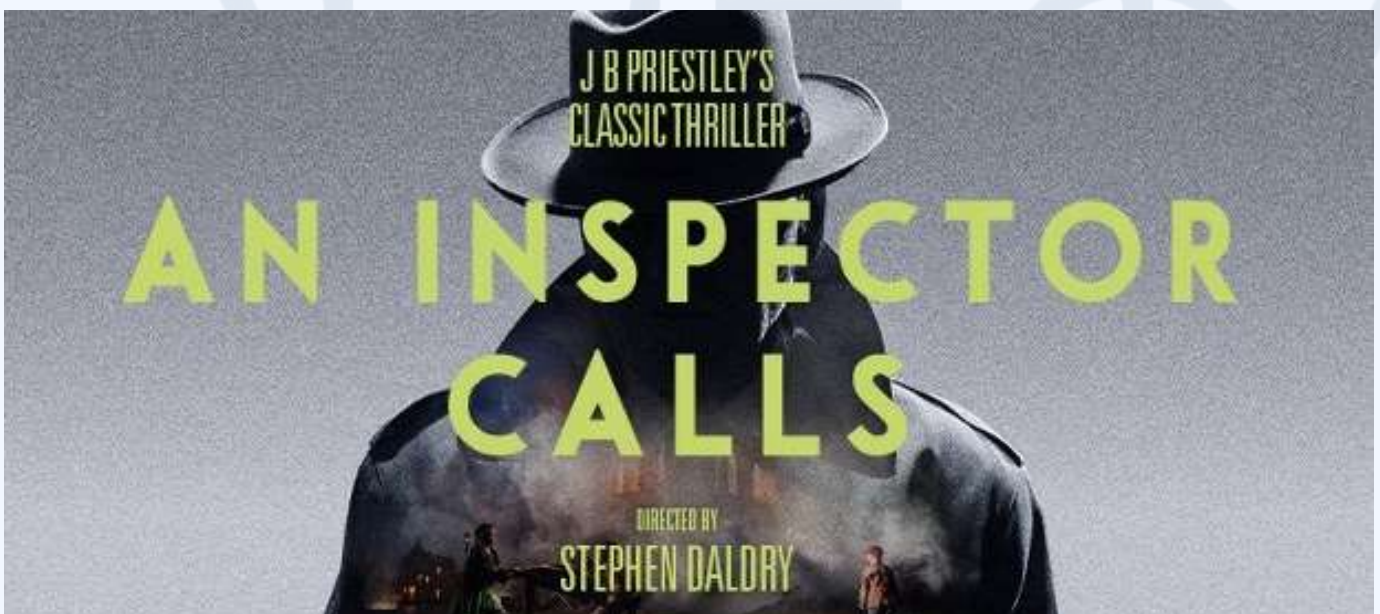
An Inspector Calls Theatre Trip

Earlier this term, 70 students in Years 10 and 11 attended a theatre trip in London to watch a performance of GCSE text 'An Inspector Calls' by JB Priestley.

Following a dramatic opening that challenged expectations, students were able to experience stagecraft and the director's interpretation of the text they've studied in the classroom.

On the way home, there were lots of discussions about how students' own imaginings compared to the show... which is exactly why we wanted to attend!

Following a dramatic opening that challenged expectations, students were able to experience stagecraft and the director's interpretation of the text they've studied in the classroom.



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Year 6 Open Evening Returns!

In September we were able to host our Year 6 Open Evening at the school, our first for 3 years! The evening was a wonderful showcase of all that The Stanway School has to offer, with departments and students demonstrating some of the fantastic work that is achieved here.

Parents and prospective students were shown round by our extremely helpful and articulate tour guides, made up of students across Years 8-11. The evening was so busy that extra tour guides had to be drafted in at the last minute to cope with the number of families that wanted to look around the school.

Mr Bland delivered presentations to the parents and students throughout the evening, culminating in almost 1000 people coming through our doors and a wealth of positive feedback from our local community. A few notable highlights from the feedback are below.

The evening was so busy that extra tour guides had to be drafted in at the last minute to cope with the number of families that wanted to look around the school.

The evening involved some amazing displays and demonstrations from department areas, such as active Science experiments, sporting drills and practices in PE, various musical and theatrical performances and even a rather popular tasting activity in Food Technology. A good time (and a scotch egg or two) was had by all.

"Fantastic evening! Lovely staff and very helpful young people."

"You must be very proud of your children - excellent role models for the school."

"Lovely school! Very informative tour from two lovely tour guides! Good dance studio, music room and theatre which makes me very happy."

"Very lovely, polite tour guide. Informative tour. Lovely Scotch eggs!"



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Hip Hop GCSE Dance Workshop

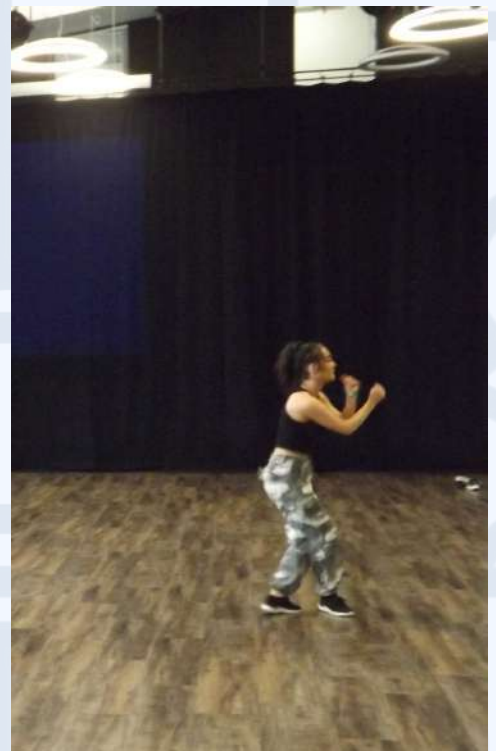
Earlier this term, we were lucky enough to have World Champion Hip Hop Dancer - Darcy Rose, come in and run a workshop for our Year 11 Dance group, teaching them her own choreographed routine.

Darcy is currently studying Dance and Performing Arts at Performers Dance College, she is a coach and dancer with Architects Dance Company, competes around the country and this year came third in the World Dance Championships in the USA.

One student said 'The workshop was so much fun, the routine was challenging but we learned a lot of new techniques, we really enjoyed working with Darcy, she was a great teacher.'

After the workshop, Darcy supported students with their own choreography for their coursework, focusing on jazz, lyrical and contemporary techniques. We hope to welcome her back soon and wish her luck in next year's World Championships.

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Black History Month



This month sees Black History being given an emphasis in society. The month was originally set up to focus attention on the contributions of African Americans to US society, but has developed to become a universal celebration of the impact that Black people have had across history. Each October, a new theme is proposed to highlight this rich history and, for 2022, the theme is “Time for Change: Action, not words”.

Across the school, we are adopting this theme through a deliberate emphasis on the positivity of Black History. The narrative around Black History too often focuses on the struggles and problems that people have suffered, so this year we wanted to celebrate Black History through displays, assemblies and competitions, with a focus this year being about the amazing **impact** Black people have had in their respective fields.

In our assemblies, Mr Player highlighted the figure of Robert Johnson, regarded as the “First ever rock star”. Whilst largely unknown in modern times, the impact of Robert Johnson should not be overlooked. His story, of the man who sold his soul to the devil to be able to play the blues, inspired countless guitarists and musicians across the world, from Clapton and Hendrix to Led Zeppelin and even a favourite of Mr Player’s - Rage Against the Machine!

It is this theme of celebration which also has underpinned our BHM Interhouse competition this month. Students have been asked to produce a poster or storyboard retelling the life and works of a famous black person who, in history, have made an impact in their chosen field of expertise. Examples of some of the people our students have chosen are on our website alongside some other inspiring people in Black History at <https://stanway.essex.sch.uk/black-history-month/>.



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KS4 Business Studies London Trip

Earlier this term, 80 Year 11 and 10 students visited London as part of their Business Studies course, with the aim to see business in the real world.

The first stop was the London Stadium, Stratford. Here they looked at how West Ham United had rebranded the stadium after the London 2012 Olympic Games. Students were given a behind the scene tour by some very knowledgeable guides, who the students put through their paces with some brilliant questioning.

The next stop was Covent Garden. Students were given time to go around and look at the many different types of merchants, stall holders and big companies all within the small space. They were set tasks to complete to broaden their knowledge of different business types.

Our return home saw us stuck in the famous London traffic, but all was ok, as Mr Player entertained the Year 11 bus with his own renditions of Little Mix and Taylor Swift!

Students looked at how West Ham United had rebranded the stadium after the London 2012 Olympic Games.



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Eco Club At The Stanway School

This year at The Stanway School, we are trying to work towards achieving Eco Schools Status. We are looking to start an eco committee to be in charge of making decisions around our school as to how we can make our school more environmentally friendly/greener. This could include encouraging lights to be turned off when leaving the room, promoting the reduction of single use plastics around the school and creating wildlife areas around our school site.

Students should see their Geography teacher for more information or Mrs Wright in B209. There are posters on Google classrooms too.

Eco Club will run on a Tuesday lunchtime for KS3 in B209 on a Week B - we are looking forward to seeing students there!

We are looking to start an eco committee to be in charge of making decisions around our school as to how we can make our school more environmentally friendly/greener.

KS3 Eco Club

Week B Tuesday Lunchtime

We will be working towards achieving the Eco Schools Green Flag.

If you want to be involved in making Stanway more environmentally friendly, we would love to see you!



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Stanway School House System

Earlier this term, pupils had the first house assemblies of the year. It was lovely to get the Houses together to introduce the Community Prefects and for some houses their new Head of House.

Year 7 pupils were told about the Inter House events this term - Maths, Black History and Art card making competitions.

The pupils have been challenged to compete in two events over the year - please do encourage participation in the events and keep an eye on our Weekly Bulletin for the updated results as they come in.

The House Team:

Gainsborough - Mrs McDonald, Tess & Grace
Nightingale - Mr Reedman, Harry & Elianna
Rutherford - Miss Murphy, Sophie & Louis
Shakespeare - Mr Evans, Joshua & Dan
Wellington - Miss Hamblin, Oriana , Stanley & Grace

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Congratulations Charlie!

Congratulations to Year 9 student Charlie, who represented the East of England in the Men's Gymnastics Level 6, Setwork Competition.

He competed on seven pieces of apparatus and achieved his best scores on Pommel and Floor. He successfully came 3rd in the all round competition and has qualified for the National Finals in December in Telford. He also had the pleasure of meeting Max Whitlock, who presented his medal - well done Charlie!



Year 10 Maths NEMOs Win

Congratulations must also go to our Year 10 Maths team who won the North Essex Maths Olympiad (NEMOs) for their year group earlier this month.

They were up against 6 other local schools, competing in three rounds of high level Maths problem solving and skills.

The overall team consisted of: Finlay, Maame, Lilith, Nathan, Jacob, Tom, Finlay, Addison, Tilly, Molly, Dan and Miles - well done team!

Congratulations to our Year 10 Maths team who won the North Essex Maths Olympiad and to Year 9 student Charlie for his Gymnastics success!

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Information, Events and Activities



IT'S NOT BANTER IF...

1	2	3	4	5	6
You would be upset if someone said it to you.	It's hurtful.	You're not friends.	Someone's asked you to stop.	The target isn't laughing.	It focuses on someone's insecurities.

SPEAK UP!

STOP DISCRIMINATION

No matter our |
**AGE, RACE, GENDER, COLOUR, SEXUALITY,
RELIGION, ABILITY**

WE'RE ALL HUMANS!

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Information, Events and Activities

TINSEL TOWN

MUSICAL THEATRE WORKSHOP

For 8-16 year olds

Hollywood has produced a whole range of fantastic musicals over the years - from Top Hat to La La Land and from The Sound of Music to Moulin Rouge!

Our October workshop will enable participants to weave song and dance numbers from some well known musicals into a story, so that we help them to develop all skills relevant to excellent performance in musical theatre. The workshop will be lead by popular facilitator, Alice Fillyar, and the material will be selected to reflect the abilities and aptitudes of participants. Our aim is that everyone builds confidence as well as making new friends! There will be an end of workshop presentation to parents in our theatre.

For more information, please email info@headgatetheatre.co.uk or phone **01206 366041**

HEADGATE THEATRE

Book online @ Headgatetheatre.co.uk
or contact our Box Office 01206 366000 tickets@headgatetheatre.co.uk

14 CHAPEL STREET NORTH COLCHESTER CO2 7AT

WEEKLY TIMETABLE

Mon	Tues	Wed	Thur
SUDBURY 17:00 - 18:00 Stevenson Centre CO10 0WD All Ages 6+	COLCHESTER 18:45-19:45 6-9 19:50-20:50 10+ Queen Boudica School Hall CO4 5XT	CLACTON 17:30-18:30 10+ CCHS - Dance Studio CO15 6DZ	BRIGHTLINGSEA 17:15-18:15 6-9 18:20-19:20 10+ St James' Church CO7 0AE
			MANNINGTREE 17:00 - 18:00 6-9 18:00 - 19:00 10+ Manningtree High School CO11 2BW

CONTACT

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w: ccallstars.co.uk





Kingsland Church are offering free packed lunches to children and young people over half term, no questions asked.

Dates: Monday 24th October - Friday 28th October

Time: Between 11.30am-2pm

Where: Kingsland Church Colchester, 86 London Road, Lexden, CO3 9DW (Above where Aldi used to be) Behind the first doors in the foyer. (This will be unmanned, so families may come and help themselves)

Hairdressing Club

Join EASI for our practical introduction to hairdressing for Year 9 and above.





Every Tuesday
13 September to 18 October
4.15pm - 6pm

£75

39A Head Street, Colchester, CO1 1NH

On this course you will:

- Learn practical skills that will help you get a job in a salon including scalp massage, shampooing and blowdrying.
- Understand why we use certain tools and products.
- Create a CV especially for hairdressing and get interviewing tips to secure the job.
- On your last session you can bring in a model to demonstrate your shampooing & blowdrying skills.

Our follow up course in the Spring will include themed hair up.

Just a hairdresser? Or...

<ul style="list-style-type: none"> a business owner a colour technician a bridal specialist an educator a session stylist a cruise ship stylist a TV/Film/Theatre stylist a Trichologist 	<ul style="list-style-type: none"> and... an artist a counsellor a performer a problem solver a scientist a specialist a professional
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SCAN ME



Contact us
Call. 01206 579949
Text. 07860 039389
Email. joinus@easihair.co.uk

Find us at
39A Head Street
Colchester CO1 1NH

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Information, Events and Activities

Do you or your child travel to University, College or School by bus? If so, we've got the perfect solution!

Arriva Student and Child Saver tickets are valid for anyone in full time education and, is a cost effective and flexible way of paying for travel costs.

Unlimited Travel - You'll get unlimited access to travel on any Arriva bus, at any time, across all routes in your chosen area.

No Restrictions - The Saver tickets will cover your travel to and from University, School or College, evenings, weekends and throughout the holidays too at any time of the day.

Flexible Payments - Arriva's Direct Debit scheme allows you to spread the cost of your ticket over affordable monthly payments. It's an easy way to pay for travel and there's no contract involved, making it an ideal way to get reduced bus travel for the whole Academic year, without paying upfront.

Sign up in advance - Either set your direct debit a future date for when you need the ticket or, you can start your ticket now to get used to the local bus routes

Plan your journey - Please use our 'Plan a journey' tool on our website to work out which bus you require

It's a simple process to apply, to arrange your Direct Debit please visit the website below and, select the region the school, college or university is in

www.arrivabus.co.uk/monthlytickets

Once registered you can select either to receive your monthly pass by post or sent to your mobile phone, so you won't have to worry about paying every time you board the bus.

This ticket will rollover every month for as long as the direct debit remains active.

For any queries regarding the scheme, please email: talktous@arriva.co.uk

***Our tickets do not cover Arriva London/TFL routes**



Parenting Teenagers Course at Kingsland Church (Free)

The course is a once weekly, Tuesday morning session starting on **4th October, 9.30am to 12pm**, running for **6 Tuesday mornings** with a break for the half term holiday.

This very popular course consists of video clips and discussion time, and every participant is given a handbook to keep. Our team is made up of parents who have been running the course for several years and have lots of experience of parenting teenagers between them. The course is suitable for any parents, guardians or carers of young people aged 11 to 18.

The topics covered are:

1. Understanding your teenager
2. Stay connected
3. Identity
4. Communication and conflict
5. Big pressures... good choices
6. Letting go

There is no cost to attend and refreshments are provided - any optional donations are gratefully received by our volunteer team who run the course and bake the cakes.

Venue: Kingsland Church (above Aldi), 86, London Road, Lexden, Colchester, CO3 9DW
Free parking available

For further information and to register for the course, please [email sara@kingsland.org.uk](mailto:sara@kingsland.org.uk)

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Information, Events and Activities



What Parents & Carers Need to Know about ROBLOX

Roblox is one of the most popular video games on the market. By 2020, the game's makers were claiming that more than half of children in the USA play it. As a digital world, Roblox offers a huge amount of creative freedom: it lets players create their own gaming experiences with the Roblox Studio to build custom levels and games, which can then be shared with other players online. Roblox fosters creative thinking and enjoys a robust online community of fans.

WHAT ARE THE RISKS?

CONTACT WITH STRANGERS
Roblox encourages players to communicate online (including a group chat facility). This could expose children to inappropriate comments, online predators, harassment, griefers and more. The in-game chat has some filters, but perfect players can still send harmful messages to others or track up users like or general hostility, while predators can reach out to children directly.

ONLINE DATERS
There are also called "Oders" and are often known as "Oders". An Oder is an individual who joins a game with the intent of finding someone to date online - and eventually meet in person. Such online dating is a complete violation of Roblox's community guidelines, but this usually doesn't deter Oders. Some players in Roblox game worlds have even been designed with online dating specifically in mind.

PUBLIC SERVERS
Roblox has private or VIP servers which allow people to play exclusively with their friends. But this costs money. Most Roblox players will instead be on public servers that anyone can join. Servers can have games which have no rules or expectations, including direct player interaction. Some games and events themselves will put children more at risk of contact from strangers than others.

IN-APP PURCHASES
Roblox is actually free to download and play, but there is a catch. In order to play, you need to purchase Roblox on the game. Roblox offers a huge amount of creative freedom: it lets players create their own gaming experiences with the Roblox Studio to build custom levels and games, which can then be shared with other players online. Roblox fosters creative thinking and enjoys a robust online community of fans.

Advice for Parents & Carers

SET PARENTAL CONTROLS
Roblox comes with several parental control options, which are established on the game's official website. It's essential to enter the correct date of birth for your child, as this allows Roblox to automatically apply the appropriate chat filters. The game also allows parents and carers to set specific spending restrictions and monitor their child's account.

DISABLE PRIVATE MESSAGING
Roblox's private messaging function allows the risk of children being contacted by people they may not want to speak with - potentially leading to bullying, harassment, identity and scam attempts. The game allows you to disable messages from anyone who hasn't been added as a friend on your child's account.

PRIVATE SERVERS
If your child has some genuine friends to play Roblox online with, paying for private or VIP servers decreases the risk of contact from strangers. Even then, however, some players could trick other people - who might not necessarily be child-friendly - into the private server. If your child is in a Roblox for EA important to talk with them regularly about who they are playing the game with.

MONITOR SPENDING
If they don't understand they're using real money, it's easy for children to accidentally spend a fortune (even if in the game). Using parental controls to place limits on their spending will help ease your child's financial worries. Enabling two-step verification on your payment accounts also makes it harder for your child to spend money inadvertently.

DEALING WITH STRANGERS
At some point in their development, your child will need to learn how to deal with strangers online. Show them how to block and report any users who are upsetting them or asking uncomfortable questions. Talking to them about who to discuss - and what they should never tell a stranger online - will help them understand how to communicate with other people online safely.

Meet Our Expert
Claire Maclean (A.K.A. Lurkaway) has worked as an editor and journalist in the games and tech industry for 20 years, providing websites with expert coverage, reviews and gaming guides. She's the author of Lurkaway's Gaming and Tech, currently working on various gaming-related projects including game development and writing non-fiction books.

National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @nationalonlinesafety /NationalOnlineSafety @nationalonlinesafety

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Information, Events and Activities

Supporting young people's mental health Parent/carer workshops September - October 2022

These free virtual workshops (Zoom) are designed to provide up to date advice and guidance on how parents and carers can support the young people in their life. The workshops are live and 60 minutes long.

Supporting our Young People Manage Big Feelings

A workshop aimed at parents of young people aged up to 11 to help support our children in managing difficult emotions

26 September - 13:00. [Book a place](#)

26 September - 18:00 [Book a place](#)

Supporting your Child to Attend or Get Back to School

Is it difficult to get your child to school? This workshop aims to develop parents' understanding and provide helpful strategies

27 September - 18:00. [Book a place](#)

Supporting our Young People with Anxiety

For parents to understand anxiety and how to support their child with worry

27 September - 19:15. [Book a place](#)

18 October - 18:00. [Book a place](#)

Supporting our Young People with Challenging Behaviour

A workshop for parents who are concerned or want to learn more about child behaviour that can be difficult to manage

17 October - 13:00. [Book a place](#)

Supporting our Young People Manage Uncertainty

A workshop to support parents in helping their children manage uncertainty and the emotions that follow

17 October - 18:00. [Book a place](#)

Supporting our Young People with Low Mood

For parents to understand low mood and how to support their child/teenager

18 October - 19:15. [Book a place](#)

Scan the QR code to find out more and book a place on a workshop or visit www.eventbrite.co.uk and search for Psychology in Schools Team - NSFT



Working together
for better mental health



For regular updates, follow us on Facebook [@TheStanwaySchool](#),
Twitter [@StanwaySchool](#) and Instagram [@stanwayschool1](#)

Information, Events and Activities

OCTOBER HALF TERM 2022

What's on?

- Revolving Robots & Crazy Coding
- Magical Microcraft & Insect Inventions
- LEGO & Eeek! Engineering
- Smartphoneography & Virtual Reality
- Terrifying Tech Fun

Different activity themes each day, please check website for your camps activities

24TH - 28TH OCTOBER LIMITED SPACES

AGES 5 - 11 MULTI DAY BOOKING DISCOUNTS!

A great environment!
"My kids loved it and we've rebooked for the next camps in October. The staff were also super helpful. Would 10/10 recommend!"
St Bernadette Primary School
★★★★★

HOW TO BOOK

STEP 1 SCAN THE QR CODE

STEP 2 FIND YOUR NEAREST CAMP

STEP 3 USE OUR COUPON TO GET £5 OFF

50CT

What to bring to camp

- Packed Lunch and snacks (essential)
- Water Bottle
- Medication if Required
- Halloween Costume for Friday (optional)

Holmwood House School
Chitts Hill, Lexden, Colchester CO3 9ST
FIND YOUR NEAREST CAMP ON OUR WEBSITE
www.nextthing.education

CHILD CARE VOUCHERS ACCEPTED

MERCURY

SEND Party Nights

Show Information

Shows from:	Fri 25 Nov 2022
Shows to:	Fri 27 Jan 2023
Duration:	2 hours
Price:	£5.00 (inc. £1.60 ticket levy)
Genre:	Taking Part
Venue:	Rehearsal Room
Age Guidance:	7-14s

[Book Tickets](#)

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Information, Events and Activities

Firstsite Holiday Fun

October Half Term 2022
Mon 24 Oct - Fri 28 Oct

Colchester

Activities take place at: Firstsite, Lewis Gardens, High St, Colchester, Essex CO1 1JH



FREE

Make
Free drop-in creative art activities
10:00am – 2:30pm



Move
Free fun movement activities
10:45am – 11:45am & 12:00pm – 1:00pm



Canteen
Free freshly-made hot meals for all the family
11:45am & 1:00pm

Our Holiday Fun activities are for families facing economic challenges or who require additional support during the school holidays, including those that qualify for benefits-based free school meals.

- Activities most suitable for 4 - 11 years, but all ages welcome.
- Caregivers are required to stay on site throughout the activities.
- Menus and list of activities available at www.firstsite.uk
- Advance booking is essential.

How to book

Early bird tickets available from 5pm on Monday 10 October.

More tickets will be released three days in advance of each session.

Limited spaces available, offered on a first come, first served basis.

If you can no longer attend your booking, please let us know as soon as possible by calling 01206 713 700.

If you cancel 24 hours before the event your space can be made available for another family.

Thank you!

Book online at
www.firstsite.uk
or call:
01206 713700

To find out about our Covid-19 safety measures, please visit www.firstsite.uk, email info@firstsite.uk or call 01206 713 700.

Firstsite

Firstsite, Lewis Gardens
High Street, Colchester CO1 1JH

Registered in England. Company no 2884347. Registered Charity no 1031800



Supported using public funding to

ARTS COUNCIL ENGLAND



Essex County Council



Colchester



Refugee Action - Colchester



PNAE CIC



HERVEY BEAMAN CHARITABLE TRUST



Art Fund Museum of the Year 2021 Winner

Delivered in partnership with:

Changing Lives Community Services

SPORT ENGLAND

ActiveEssex



FREE SPORT AND GYM

Fit for everyone

Free childrens sports sessions

- Tuesday - Football sessions for ages 4-5 // 4:00pm-5:00pm
- Tuesday - Football sessions for ages 6-8 // 5:00pm-6:00pm
- Fridays - Football session for ages 9-11 // 4:00pm-5:00pm

Free adults HIIT sessions

- Join us every Wednesday 5:00pm-6:00pm
- For ages 16+
- All abilities welcome!

www.changinglivescommunityservices.co.uk/colchester

Changing Lives Community Services, Colne Bank Ave, CO1 1UU

Shoebox Celebration Appeal

Shoebox Celebration Appeal delivers birthday, Easter and Christmas boxes to the elderly alone in the community and clinically extremely vulnerable people of all ages and women and children at 'Next Chapter' women's refuge. We are run by volunteers and rely on donations.

WE NEED YOUR HELP!

Donation items needed are:

Mini Christmas Cake/pudding	Candy canes	Dairy Calender
Single chocolate steam pudding	Flannel	Christmas teddy
Shortbread	Smilies (All ages)	Christmas story book
Chocolate coins	Notepad	Christmas handmade cards from children
Hot chocolate sachets	Pen/Pencils/crayons	Christmas knitted items
Mini jams	Puzzle book	
	Christmas colouring book	

Drop off points

Asda Colchester, Foscias Etc (The Seedbed Centre), Montgomery Close, Hazleton Road, Greenfield Houses and Chalfont Road

How to nominate

You can request a nomination form via email or phone or you can find the form in the file section on the Facebook group.

Nomination forms must be in by 31st December, boxes will be delivered between 12th and 24th December, donations accepted until 10th December.

Check out our Facebook page: Shoebox Celebration Appeal / Colchester Community Group
 Email: shoeboxcelebrationappeal@gmail.com
 Phone: 07584 454 918 (weekdays after 6pm)



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